

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kickboxing 9:15-10:15	Kickboxing 9:15-10:15	Kickboxing 9:15-10:15	Kickboxing 9:15-10:15	Kickboxing 9:15-10:15	Kickboxing 9:00-10:00
NYKK 2010 Summer Schedule 634- 4640 				Karate Kids BASIC 10:30-11:15	Little Ninja 10:00-10:30
Little Ninja 12:30-1:25	Karate Kids Basic 12:00-12:45	Little Ninja 12:00-12:30	Karate Kids BASIC 12:00-12:45	Karate Kids ADV/EXP 11:15-12:10	Karate Kids BASIC/ADV/EXP 10:45-11:45
Karate Kids ADVANCE 12:30-1:25	Karate Kids EXPERT 12:45-1:40	Karate Kids ADVANCE 12:30-1:25	Karate Kids ADVANCE 12:30-1:25		
	OPEN MAT 4:30-5:00		OPEN MAT 4:30-5:00		
	Open Format Kids 5:00-5:55	Little Ninja Open Format 5:00-5:30	Open Format Kids 5:00-5:55		
Kickboxing 6:00-7:00	Adult JUDO 6:00-7:00	Kickboxing 6:00-7:00			
ADULT KARATE Basic/ADV/EXP 7:00-7:45	Kickboxing 7:30-8:30		Kickboxing 7:30-8:30	ADULT KARATE GRAPPLING 6:00-7:00	
		Adult Karate BASIC 7:00-7:45			

WWW.NYKKA.COM
87 Maple Ave, New City, NY 10956

OSU! NYKK 2010 Summer Schedule 634- 4640 